



Rio Rancho Rockets

Special Olympics, Rio Rancho, New Mexico

Swimming 2019 Season Information

Updated 5/30/2019

Head Coaches: Carla Stalf (505) 314-4499

Athlete Registration: Saturday, May 4, 2019, Haynes Park

Season Practice Dates:

Start: Mon., June 3rd **End:** Wed., August 21st

Venues:

Skills: Two days (Mon. - Thurs.) 5:15pm – 6:30pm
Rainbow Pool, Rio Rancho, NM (shallow end)

Traditional: Two days (Mon. - Thurs.) 5:15pm – 6:30pm
Rainbow Pool, Rio Rancho, NM (deep end)

Practice Notes:

1. Wear a modest swimsuit and sunblock
2. Bring water in a shatterproof container

State Meet Registration Deadline:

Tuesday, July 9th, 2019

Area Meet:

Sunday, July 21st at the West Mesa Aquatics Center

State Meet Scratch Deadline:

Tuesday, August 6th, 2019

State Meet:

Friday August 23rd through Saturday, August 24th
Farmington Aquatic Center, Farmington, NM